



**Manuscripts**  
*By*  
*Original Publication date*

This Timeline represents the original publication years of the titles in the R.A.M.S. Digital Collection. Where the publication date is unknown the lifetime of the author is used or the century in which the work first appeared. This timeline is intended as an assistant to the study of the R.A.M.S. Digital Collection.

Acknowledgements of assistance: Alan Pritchard.

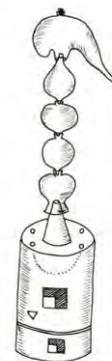
**5th Century B.C.**

- 408BC-355BC. *The Six Keys of Eudoxus*, by Eudoxus. (SIXKEYSEUDOXUS)
- 2nd- 3<sup>rd</sup> Century A.D. *The Golden Work of Hermes Trismegistus*, Hermetis Trismegisti. (HERMES)  
*The Smaragdine Table* of Hermes. (SMARAGDINE)
- 550-625. *The True Book* of the Learned Synesius, a Greek Abbott. (SYNESIUS)
- 704 A.D. *Secreta Alchemiae*, by Kalid Persica, Kalid ben Jazichi. (SECRETA)  
*The Book of the Secrets of Alchimie*, composed by Kalid. (KALID)
- 924-988. *Philosophia Maturata Of the Stone of the Philosophers*, by St. Dunstan. (STDUNSTAN)
- 12<sup>th</sup> Century, *The Turba Philosophorum*. (TURBAPHILOSOPHORUM)
- 12<sup>th</sup> Century. *The Secret Book*. Artephius. (ARTEPHIUS)
- 1092 - 1167 *The Book of Abraham the Jew*, Rabbi Abraham Eleazar. (ABRAHAM)
- 13<sup>th</sup> Century, *Liber Ratziel*. The Book of Salamonis. (RATZIEL)
- 1206-1280 *Compound of Compounds*, by Albertus Magnus. (COMPOUNDS)
1268. *Tract on the Tincture and Oil of Antimony*, by Roger Bacon.  
(POTPOURRI2 / 13OIL\_ANTIMONII\_BACON), (POTPOURRI1 / 2OBACON\_OIL\_ANTIMONY),  
(CABLE / 01\_ANTIMONY\_BACON)
1270. *Mirror of Alchimy*, composed by Roger Bacon. (MIRRORALCHIMY)
1292. *Radix Mundi*, by Roger Bacon. (RADIXMUNDI)
- 15th Century. *Liber Secretissimus*, by George Ripley. (LIBERSECRET)  
*The Breviary of Alchemy*, by George Ripley. (RIPLEY)
- 1406-1490. *Verbum Dismissum*, Count Bernard Trevisan. (18TRACTS / 17VERBUM\_DEMISSUM).
1471. *The Compound of Alchemy*, by George Ripley. (COMPOUND)
1476. *Medulla Alchymiae*, or The Marrow of Alchemy, by George Ripley. (MEDULLA)
1485. *Summa Perfectionis*, by Pseudo-Geber. (SUMMA)
- 1463 – 1494. *De Auro, on gold*, by Pico della Mirandola, fr. (DEAURO)
- 16<sup>th</sup> C. *Certain Chemical Works with the True Practice*, by Edward Nowell. (CHEMICALWORKS)
- 1582(?). *The Golden Fleece*, or The Flower of Treasures, by Solomon Trismosin. (GOLDENFLEECE)
1531. *Correct Usage*. (CORRECTUSAGE)
1599. *The Book of Lamspring*, by Abraham Lamspring. (LAMSPRING / LAMSPRING)
- C17. *Teipsum Corporalitur*. Translated by Dr. S. Billingham. (DIVERSETRACTS / TEIPSUM)
- C17. *Liber Trium Verborum* of King Calid the son of Sazichi. (THRETRACTS / liber-trium-verborum)
- C17. *The Philosophical Cannons of Paracelsus*. (THRETRACTS / philosophical-cannons-paracelsus)
- 1578-1596. *The Experiments of Rulandus*. (RULANDUS)
1608. *Chemical Secrets and Experiments*, by Sir Kenelm Digby Kt. (CHEMSECRETS)
1608. *The Revelation of Hermes*, Interpreted by Theophrastus Paracelsus. (REVELATION)
1610. *Tractatus Aureus*, or The Golden Tractate of Hermes. (AUREUS)
1611. *The Triumphal Chariot of Antimony*, by Basilius Valentinus. (TRIUMPHALCHARIOT)
1623. *A Revelation of the Secret Spirit*, by Giovanni baptista Lambi. (SECRETSPIRIT)
1625. *Aureum Seculum*, Anonymous. (DIVERSETRACTS / AUREUM)
1630. *Preparations of Angelo Sala*. (ANGELO\_SALA)
1638. *Treatise on Gold*, by Joannes Agricolaë. (TREATISE\_GOLD)
1641. *Treatise on Metallic and Mineral Medicines*, by Quercetanus, J. Du Chesne. (QUERCETANUS)
1649. *A Discourse on Fire and Salt*, by Lord Blaise of Vigenere. (FIREANDSALT)
1650. *The Art of Distillation*, by John French. (ARTDISTILLATION)
1650. *Arcanum*, or The Grand Secret of Hermetick Philosophy, by Jean Espagnet. (ARCANUM)
1652. *Hollandus' Medicinal Recipes*, by Johan Isaaci Hollandus. (HOLLANDUS / MEDICINALRECIPES)
1654. *Discourse on the Fountain of Philosophical Salt*, by Solinus Saltzthal. (FOUNTAIN)
1654. *The Marrow of Alchemy*, by Eirenaeus Philoponos Philalethes. (MARROW)
1654. *A Recapitulation* by Orthelius of A New Light on Chemistry, by Michael Sandivogius. (NEWLIGHT)
1657. *Sal Lumen & Spiritus Mundi Philosophici*, by L. Combachius. (DIVERSETRACTS / SAL\_LUMEN)
1657. *The Chemists Key of Henry Nollius*. Published by Eugenius Philalethes. (CHEMISTSKEY)
1659. *The Treasure of Treasures*, by Paracelsus. (TREASURE)
1659. *The Aurora of the Philosophers*, by Paracelsus. (AURORA)
1659. *The Mineral Work*, by Johan Isaaci Hollandus. (HOLLANDUS / MINERAL)  
*Work of Saturn*. John Isaac Holland. (CABLE / 02\_SATURN\_HOLLANDUS)
1659. *The Hand of The Philosophers*, by Johan Isaaci Hollandus.  
(HOLLANDUS / PHILOSOPHERSHAND)
1659. *The Stone of Urine*, by Johan Isaaci Hollandus. (HOLLANDUS / URINESTONE)
1659. *Opera Vegetabile*, by Johan Isaaci Hollandus. (HOLLANDUS / VEGETABLE)

1660. *The Book Concerning the Tincture of the Philosophers*, by Paracelsus. (TINCTURE)
1662. *Universal and Particular Processes*, by John de Monte Snyder. (UNIVERSAL)
1662. *The Art of Spagyric Medicine*, by John Pharamund Rhumelius. (SPAGYRIC)
1663. *Metamorphosis of the Planets*, by John de Monte Snyder. (METAMORPHOSIS)
1665. *Some Practical Observations on May Dew*, by Thomas Henshaw.  
(DIVERSETRACTS / MAY\_DEW)
1665. *The Hermetic and Alchemical Writings of Paracelsus*. (HERMES\_PARACELSUS)
1668. *Three Tracts on Medicine*, by Eirenaeus Philalethes. (PHILALETHES)
1670. *Of Antimony Vulgar, & Of the Secrets of Antimony*, by Alexander von Suchten. (VULGAR)
1671. *Of Natural & Supernatural Things*, by Basilius Valentinus. (LASTWILL)
1672. *The Last Will and Testament of Basil Valentine*. Monke of the Order of St. Bennet. (LASTWILL)
1673. *Manual Operations*, by Basil Valentine. (LASTWILL)
1675. *Liquor Alcahest*, by J.A. Pyrophilus. (LIQUOR)
- 1677-1684. *Aesch-Mezareph* or Purifying Fire, published by Knorr von Rosenroth. (AESCH)
1678. *The Fountain of Chymicall Philosophy*, by Eyrenaeus Philalethes.  
(DIVERSETRACTS / FOUNTAIN)
1680. *Aurifontina Chymica* or A collection of 14 Small Treatises. (AURIFONTINA)
1680. *Magnalia Naturae*, by John Joachim Becher. (MAGNALIA)
1682. *The Holy Guide*, by John Heydon. (HOLYGUIDE)
1684. *Collectanea Chymica*: A Collection of Several Treatises in Chymistry. (Collectanea Chymica)
1684. *The Quintessence of the Philosophers*, by Theodorus Mundanus. (QUINTESENCE)
1684. *The Art of Transmuting and Ameliorating the Metals*, by William Baron von Schroeder.  
(TRANSAMEL)
1687. *Der Grosse und Der Kleine Bauer*. The Greater and Lesser Edifyer, by Grasshof. (GROSSEKLEINE)
1688. Monsr. De La Brie's *Process* for accomplishing The Tincture. (PROCESS)
1689. *The Complete Works of Rudolph Glauber*, by John Rudolph Glauber. (GLAUBER)
1690. *Writings of Urbigerus*. Circulatum Minus of Urbigerus, and Aphorisms of Urbigerus. (URBIGERUS)
1696. *Sanguis Naturae*, by Christopher Grummet. (SANGUIS)
1700. *Friend of the Dawn*, L'Ami de L'Aurore, by Henri de LinTaut. (FRIENDDAWN)
1705. *Trifertes Sagani*, or Immortal Dissolvent, by Cleidophorus Mystagogus. (TRIFERTES)
1718. *The Transmutation of Base Metals Into Gold and Silver*, by David Beuther. (TRANSMUTATION)
1720. *Revelation of the True Chemical Wisdom*, by Friederich Gualdus. (CHEMICALWISDOM)
- 1723 *Golden Chain of Homer*. (GOLDENCHAIN1723)
1730. *Of Nature and Art*, by I.C.H. (THRETRACTS / of-nature-and-art)
1732. *Hyle und Coahyl*, by Abtala Jurain. (HYLEYNDCOAHYL)
1739. *Chemical Moonshine*, by Johann Friedrich Fleischer. (MOONSHINE)
1754. *Selected Chemical Universal and Particular Processes*, by Baron Von Ruesenstein. (RUESENSTEIN)
1766. *Some Processes* of Johan Gottfried Tugel's Experimental Chymistry. (TUGEL)
1778. *Compass of the Wise*, by Christian Ulrich Ringmacher. (Compass)
1781. *Golden Chain of Homer*, Aurea Catena Homeri. Edited by Anton Kirchwegger. (GOLDENCHAIN)
1787. *Coelum Philosophorum* or Faithfull Directions, translated by S. Bacstrom. (COELUM)
1797. *Compendium of Alchemical Tracts*. Translated by S. Bacstrom, M.D. (COMPENDIUM)
1801. *Philosophy of The Universe*, by Baron George Von Welling. (WELLING)
1804. *The Great Work of the Lapis Sophorum According to Lamspring's Process*. Translated by Sigismond Bacstrom. (LAMSPRING / LAMSPRINGPROC)
1831. *Hermes Unveiled*, by Cyliani, (HERMESUNVEILED)
1867. *Das Aceton*, The Acetone, by Dr. Christian August Becker. (DASACETONE)
- 1885-1916. *Arcana Divina*, The Divine Secret. Anonymous. (ARCANA)
- 1901-03. *Adiramled, The Journal*. (ADIRAMLED / ADIRAMLED\_JOURNAL)
1911. *The Light of Life or The Mastery of Death*, by Delmar De Forest Bryant. (ADIRAMLED / LIGHT\_LIFE)
- 1910-20. *The Art of Alchemy* or The Generation of Gold, by Adiramled. (ADIRAMLED / ART\_ALCHEMY)
- Divine Symbols*, by Adiramled. (ADIRAMLED / DIVINE)
- Lessons in the Unfoldment of the Philosopher's Stone*, by Adiramled. (ADIRAMLED / UNFOLD)
1916. *The Book of Formulas*, by John Hazelrigg. (FORMULAS)
- 1899 – 1982. *The Terrestrial Heaven*, by Eugene Canseliet.
1941. *Alchemy Rediscovered and Restored*, by Archibald Cochren. (REDISCOVERED)
1955. *A System of Caucasian Yoga*, by Count Stefan C. Walewski. (CAUCASIAN)
1978. *Tables of Alchemical Symbols and Gematria*, including *Glossary of Latin Terms*. (SYMBOLS)
1978. *Meditation and Alchemy*, by Hans W. Nintzel. (WELLS\_POWER / MEDITATIONS\_NINTZEL\_1978)
1985. *Potpourri Alchemia. Vol.1*. An Alchemical Anthology. (POTPOURRI1)
1986. *A French Alchemical Romance and Adventure*, by Hans Nintzel.  
(WELLS\_POWER / FRENCH\_ROMANCE)
1990. *Potpourri Alchemia. Vol.2*. An Alchemical Anthology. (POTPOURRI2)
1995. *The Wells of Power*, by Hans Nintzel. Class hand-outs and notes. (WELLS\_POWER)

# "Alchemy is Alive and Well"

by Hans Nintzel.



While it hasn't made the front pages yet, alchemy is enjoying a revival. The truth is, it never went away. It merely has kept a low profile. Yet, more attention is being given to alchemy than ever before. We will look at some of the reasons for this, but first it might be well to explain what we mean by the term "alchemy".

A one word definition is 'evolution' or 'transmutation'. The implication is, one thing is being changed into another thing. As an every day example, consider the sun. It is truly an alchemist as it constantly is transmuting helium into hydrogen. Wine that has gone sour, is wine that has been transmuted into vinegar. Modern alchemists understanding that the best kind of vinegar is made from red wine, deliberately try to turn wine sour.

However, wineries add sulfides to the wine to prevent souring. Fortunately some wineries do not do this and there are also ways of eliminating the sulfides from wine. And yes, this transmutation includes turning lead into gold!

So we are surrounded by everyday examples of alchemy. The making of a pot of tea is an alchemical process as it extracts an essence, called sulphur by alchemists to color the water which we then call tea. It might be noted that the term sulphur is an alchemical 'code word' that, in this instance, refers to the natural oils in the tea (or in any plant). There are many more examples but our purpose is to chronicle past and current events in this recondite domain.

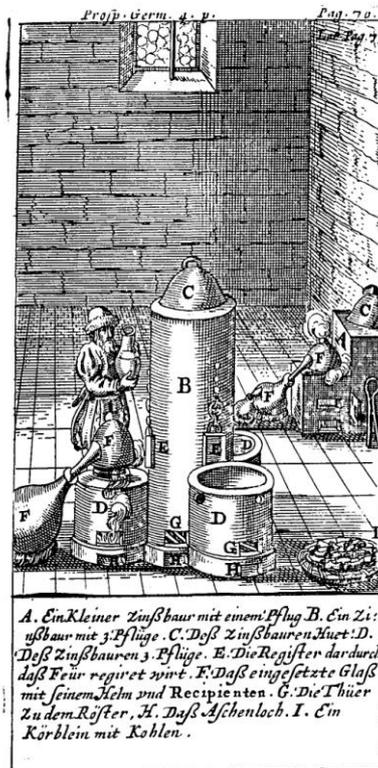
Alchemy is a discipline that started way back in the annals of history as best can be determined. Ancient Greeks, Indians, Chinese and Egyptians were practitioners of alchemy. However, we do not intend to go that far back. We will return to the days of the sixties and seventies so that we may have some insight to Dr. Albert Reidel.

Frater Albertus, as he preferred being called, supervised and operated what is called a "mystery school", in the Wasatch mountain range in Utah. Located in the Salt Lake City area, this school taught a curriculum of very interesting subjects. These included Qabalah, the ancient Hebrew technique of spiritual growth which incorporates the tenets of magic, astro-cyclical pulsation (astrology) and, Alchemy. The school was run in the manner of a Gurdjieff "Fourth Way" school.

Dr. Israel Regardie, who was my friend and mentor suggested this school to me. At the same time, the person who had taught me the rudiments of Qabala, Dan T., also referred to this school indicating I would do well to look into it. Simultaneously, Mary F. invited me to her home to meet two people who had a unusual 'hobby', alchemy!

These two people. Kurt and Helene von K. were destined to become good friends and teachers of mine. They talked about alchemy and how they cured their son of mental dysfunction through the use of alchemical preparations. They showed us a small vial of an oily substance and declared this was "oil of iron".

As a graduate civil engineer with an MBA and 20 years in the 'hard' and logical discipline of information systems, I could not readily accept what they told me. My engineering background always insisted that I should see, feel, taste and touch things to verify their reality. I had never heard of oil of iron, nor the oil of any other metal, so it could not possibly exist! That was my mind set at the time. Nonetheless, they managed to capture my interest.



Part I. before Pag. 337.

What got me excited was, they had studied under one Frater Albertus at the very same school I had so recently heard so much about, the Paracelsus Research Society! They explained how to apply for the school and tantalized Mary and I with stories of alchemy.

It did not take long for me to get on the telephone with 'Doc' and with Dan. They urged me to go. The clincher was, Bill, an Episcopalian priest committed to attend and Mary decided to go as well.

We applied, were accepted and soon found ourselves in Salt Lake City, at the P.R.S. awaiting the commencement of the Prima class. The night before, the meeting room was abuzz with the new students. Sixteen in all, all ready to start the first of seven two-week courses at P.R.S. to learn the rudiments of alchemy.

Everyone was intensely interested in everyone else as to how they came here, what they were "into" and so on. It turned out, the students were "into" a variety of things.

There was a couple from Canada who had studied alchemy, they said, for many years under the guidance of the god Mercury. There was an opera singer and her husband who was a conductor of a symphony as well as being a concert pianist. He had been a child prodigy and had studied under Kofdaly.

There was a sweet old lady in her late 70s who was "into" crocheting; a computer programmer; a chiropractor; a chap who told us he was the master of the martial art of swords (and gave some fascinating demonstrations of power); a high energy Ph'D candidate from Norway studying at M.I.T.; an industrial engineer; a surrealist artist; a chemist (who was to perform some incredible alchemical experiments later on); a medical doctor; a priest; a lady who had been the secretary to a state governor and a civil engineer. A mixed crew indeed! Yet before long, sharing this special experience, we came to be good friends and most of those friendships are as strong as ever today. Everyone button-holed everyone else and got into serious discussions of all sorts.

The martial arts expert, in answer to my question as to what this 'bought him', said: *"I can tell past lifetimes from the aura"*. Well! I urged him to 'read' my past lifetime. He squinted at me, sort of over and behind me and I could scarce conceal a smirk. Boy, was he 'coming on'! After a few minutes he told me I had been a worker in the pyramids of Egypt but was killed in an accident. I was stunned! This was the precise substance of a recurring dream I had as a teen. That I was working, as a stone mason in a pyramid when a block of stone struck me in the head and I died! This little incident was to be the first of many "weird" and often disquieting events during this class.

The next morning, we assembled in the meeting room, per instructions from 'Soror Emmy' bright and early. We could hardly await the arrival of 'Frater Albertus'. He arrived promptly and seated himself at the head of the table saying, as he was to do for the beginning of every class I took, "Good Morning Everyone" and then became silent and allowed his eyes to rest for a few moments on each student.



We all felt he could read our minds and the class got a

little restless. Then he closed his eyes and seemed to drift off...or something. After what seemed an eternity, his voice, strong and clear said: "GOD is good". He then lapsed into silence and the class closed its respective eyes and waited. After a short time, he spoke:

*"God is GOOD"* putting the inflection on the last word of the same sentence. Again a silence followed by his speaking: "God IS good". We meditated on the import of this for several minutes and then he opened his eyes (as did the class), looked around at everyone thoughtfully and then started to dilate on this sentence. Each morning of every class he would start with this "Morning Meditation" as he called it.

He was amazing in that he never used notes, he always had his talk perfectly memorized. And he never gave the same one twice in the seven years I was to take these classes! It was observed that he always wore a cardigan sweater and that the sweater was in the "correct" color for that day. That is, red on Tuesday, Orange on Wednesday, Black on Saturday, etc. These are the corresponding "planetary colors".

In many ways he was truly astonishing, he had been born on May 5, 1911, 1:40 am in Dresden, Germany. His hands were very large, belying the fact that he was an artist with a delicate touch. He was very powerful as I found out, yet very gentle and patient. Frater Albertus was to initiate me into alchemy and be my teacher for the next ten years, until his death.

Each day followed the same format, a morning meditation followed by a session on Qabala where we studied the Tree of Life and other Qabalistic philosophies. He also taught Astro-Cyclical Pulsations showing how all of life follows (seemingly) predictable cycles, just like a sine wave. And, of course, the mainstay of the studies was Alchemy.

Always a session on theory followed by practical lab work where we could prove (or disprove) the theory given. We learned that all substances consist of three essentials and that they could be separated, purified and put back together again into a higher state. He helped guide us through the morass of alchemical writings so often written in obscure words and more obscure meanings. The theory he gave us helped to understand these writings and reveal them as extremely valuable aids to the student.

He himself exemplified his belief in creating written records. Each experiment that was performed, was carefully written up in notes. These notes were, of course, kept by the student, and one set was put on file in the P.R.S. records.

The three basics which Frater told us all things were made of, were called by the alchemists, Sulphur, Salt and Mercury. These were analogs for Soul, Body and Spirit. Or, Father, Son and Holy Ghost, or Brahma, Shiva, Vishnu, or Solids, Liquids, Gasses. In fact, a large set of 'triplicities' fit these terms. He described and showed us the differences in these three as they varied in the different kingdoms of vegetables, minerals and animals. He taught us how to extract these, from plants, how to purify them and how to conjoin them again. His purpose was to show us the parallels between the kingdoms and how, using this spagyric technique, one could make medicines.

Potent medicines. Medicines that were, in the main, different from those prescribed by orthodox physicians, yet medicines that have been known for millenia, preserved in "old wives tales", American Indian lore and in other 'occult' repositories. As we shall see, these medicines are being "revived" and are available to the public. It is my belief that it is from alchemical medicines pernicious diseases will at last be overcome. These medicines consisted initially of herbs and plants. Then

we progressed to working with such metals as Antimony and Iron. In P.R.S., we used, as a text, Basil Valentine's incredible book, "Triumphal Chariot of Antimony". Herein lie explicit, clear instructions on how to transmute a rank, poisonous element into one that can be used medicinally. This was to be sure, Antimony. From this matter, all manner of marvelous medicines can be made.

While Basil Valentine set down many 'recipes' there are a few "blinds" in his writings. To be absolutely sure in preparing such medicaments, one should seek a teacher to guide the student through the little traps set for the unwary. It is interesting to note that in the March 1987 issue of "AMBIX" magazine, Dr. Lawrence Principe, now at Johns Hopkins University, wrote an article in which he received a government grant to replicate the work done by Valentine in "Triumphal Chariot". His research proved to be invaluable as he showed a few 'traps' in the work and developed techniques to obtain the "Tincture of Antimony" by making this healing substance from the "glass" of antimony. In a conversation with him, I indicated it was not so much a miracle that he was indeed able to replicate the experiments, but that he got the government to pay for it! Larry injects the scientific disciplines into an arcane subject.

In a different operation, we separated the essences of common chicken eggs and from the sulphur thereof, produced a medicine salutary in incidences of arteriosclerosis. This substance, an oil, is also marvelous as a topical. Jody, my wife, will not be without it now as a skin care product. The metals, having long absorbed planetary influences, are far more powerful than herbs in healing. Consider the energy in a half fingernail covered with Uranium. It could blow away a city, such as Hiroshima. How wonderful it would be if this energy were harnessed for healing rather than destruction!

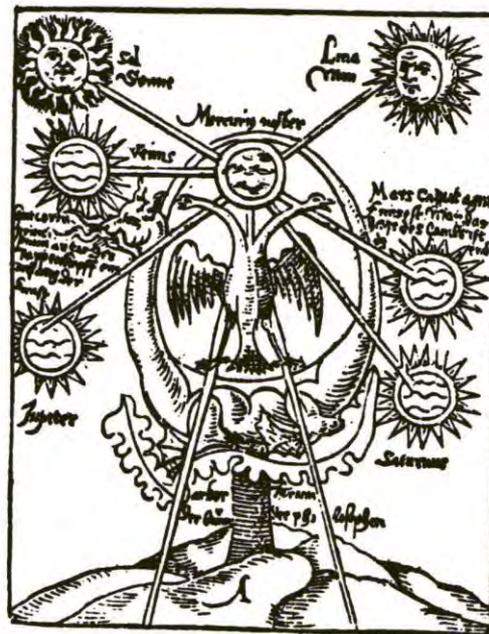
Frater told us of the "Philosopher's Mercury" and of the "Stone of the Philosophers", legendary alchemical items. He did not show us, directly, how to create these things, but gave us hints, stories, analogies and insights. His method was, true to the code of alchemy, NOT to give anything away on a platter, but to make you work for it. To sweat for it. So, it was to be years later on, that marvelous day that I succeeded in making some potent alchemical, medicinal products as well as the sought-for goal of the alchemists, mercury. Oh, not quicksilver, but the Philosophical Mercury. The Universal Dissolvent. When my friend and teacher Dan T., helped me achieve this goal, I literally fell on my knees to thank the Father for his grace in discovering this secret to me! This is a product that thousands have strived for and yet few have obtained.

Through all of this, Frater was ever mindful of and conveyed to us, the goodness and love of our common father for all his children. Indeed, as indicated by Valentine and others, the revelation of preparing these alchemical gifts were a direct gift of God. I don't think anyone in this domain doubts that! To augment this spiritual aspect, Frater read to us from such canonical texts as the (King James) Bible. He "opened us up" to new ideas as to how Qabalah and Alchemy were quite prevalent in this Holy book.

In fact, we were all amazed as he offered proof-after-proof to substantiate his statement that the Bible is a Manual of Alchemy and contained vast secrets for those who have eyes to see. In my classes and seminars, I cite examples from such canonical texts as the Bible, to show how these texts are written in a code. A symbolic code that must be penetrated in order to glean the true (and hidden) meaning. As an example, there is a section in John that shows how to prepare the Philosophical

Mercury! Genesis is a treasure house of mysteries not discerned by the casual reader. As Paracelsus told us, the Qabala (a Spiritual discipline that is part and parcel of alchemy) opens all sealed epistles.

At the end of the seven year cycle at P.R.S., I had absorbed a good deal of alchemical knowledge. In fact, I got "hooked" on it. As a former counsellor in a drug program, this is the only "addiction" I can safely say is healthy!



**Mercurius Noster: alchemistic-symbolic representation of quicksilver, or mercury, as one of the planets which is the source and cause of all transmutation**

Perhaps equally important to the teachings, were the many different groups of people I had met. Our bonding at P.R.S. enabled us to remain in close touch, even to this day. Subsequent to the classes, I met fellow alchemists from every part of the globe.

We too maintain a 'network'. Now while we were still attending PRS classes, Frater founded "PARALAB" a company chartered to prepare alchemical or "spagyric" (as they are more correctly called) preparations for public sale. These were both medicinal and cosmetic items. (Unfortunately, Paralab proved to be 'before its time').

He also wrote quite a few books. He taught the classes, mowed the lawns, and was a man of boundless energy. However, he once told us, that all this would end. That alchemical mystery schools each operated in their own cycle and PRS also had to end. But before this came about, he "transmuted" PRS into PARACELTUS COLLEGE. He dreamt, and set the ideas down on paper, of TRISTAR, a spectacular alchemical research and healing center. Woven into the architecture were the symbols of alchemy. A sort of modern Gothic cathedral. Plans were drawn up, models made to scale, monies were begun to be appropriated, then he died. It was July 1984 when a dream and a reality left this plane.

Since he for some reason did not groom someone to be his replacement, the light has gone out. The college sits idly and no classes are being taught. Books he had in manuscript form may never see the light of day. There is no one on the horizon to pick up the torch he lit. BUT,

he inculcated alchemy into many who will never forget him! And, more germane, who will continue to carry out the work in their own unique ways. The people whose lives he touched may number into the thousands. Many are actively engaged in either "practical" alchemy or in allied research. Most of those are in communication with one another, to share ideas and results.

My personal activity in networking started with my producing retyped and translated copies of old alchemical texts. This has caused many a student to knock at my door. It is a rare day when I don't write SOME fellow alchemist SOMEwhere in the world!

There are more alchemists than are dreamt of, Poland, Switzerland, France, Germany, Italy, New Zealand, Norway, India, Belgium, Spain, Portugal, Australia and other countries.

Before examining alchemy today, let us take a brief look at the principals behind the phenomena of alchemy.

Firstly, as indicated, alchemists consider ALL things as composed of three essential, sulphur, salt and mercury. These are actually, consciousness (sulphur), a vivifying life force (mercury) and a vehicle in which the latter two are housed (salt). They correspond to soul, body and spirit, in that order. This is the same spirit and soul as found in religion. However, in alchemy, we learn how to separate these three so that they can be seen and held. This is part of the vast field of alchemical theory but a theory that allows direct proof to be made. You can see, weigh, and taste the three essentials from the various kingdoms. This enables you to KNOW and experience their existence rather than having faith. Alchemy trades off knowledge for belief!

In the Indian alchemy called Ayurveda, the same principles apply under the term "Gunas" and include Sattva (consciousness), Rajas (spirit or energy) and Tamas (body or mass). Techniques for separation of the three principles are available as well as teachings for the "Three Fold Process", Separation, Purification and cohobation. As an example, in the plant world, one can extract the alchemical sulphur; which is the essential oil. Then one can extract, from the putriified plant, the spirit. This exhibits itself as alcohol. Happily, "store bought" ethyl alcohol will do nicely. Finally, the residue of the plant, the 'fecal matter' is burned or calcined to a white ash or salt.

These are all purified and then brought back together (cohobated) and through a certain process can be formed into a stone-like matter. A "Plant Stone". So, we have killed the plant to enable it to give up its soul and spirit. Then we have re-united them and thus resurrected them in a new and glorified body. This product is the highest form of the plant attainable. Philosophically speaking, note that the plant could not do it for itself. It needed "a higher power" (in this case, man) to accomplish this highest transmutation. The plant stone can not only perform interesting physical phenomena, but is an extremely powerful medicine. What it will cure depends on what plant or herb it was made from. The laws of astrology apply here.

The plant stone is also a teaching device as its confection is an exact analog of how to make a stone in the other kingdoms. The curative powers of the plant stone are the focussed and the centered healing powers of the original herb. If the herb had been rosemary, the part of the body it would heal would be the heart as rosemary is a sun plant and the sun governs the heart.

Further, the sage plant, governed by Venus which also governs the kidneys, would be useful in kidney problems. Mercury governs valerian and the thyroid so a goiter condition might be eased with a tincture from the valerian plant or, more likely CURED with a valerian

plant stone. While the sulphur is the major healing agent, utilizing, spagyrically ALL the parts of the plant, a more efficacious medicine will obtain. Going a step further, we know that planets also have rulership over metals as well as plants and specific parts of the body. The Sun for example rules gold and Venus rules copper. The Sun also rules sunflowers, frankincense and rue as well as the heart. It should be clear then, that a medicine can be made for specific parts of the body from metals. And that since metals have "been around" longer, absorbing beneficial rays, they will be more potent.

Recall the analog of Uranium! How do you make a tincture from a metal? Why just like one does with the plants. "As above, so below". I can personally attest to the efficacy of Aureum Potabile or tincture of gold. The process is one of extracting the sulphur of gold, purifying it and using this product as a medicine. As mentioned, if one could combine the other two essentials, the effect would be absolutely astonishing. However, getting the other two essentials in the mineral kingdom is not so easily done!

Returning to the present, what is happening now? Sources tell me that more alchemical information is being made available than ever before. Anyone working in this field can tell you that. Alchemy is said to have Sufi roots. Frater Albertus in his book "The Alchemist of the Rockie Mountains" refers to this. He went so far as to say that in the HinduKush mountains, in a little town called Nuristan, alchemists were busy converting base metals into gold. Their purpose was to prepare for the financing of the coming avatar. An atlas shows this town to be in Afghanistan. Did you ever wonder why the Soviets were so bent on getting into Afghanistan? There weren't all that many natural resources available. In fact, it is only a very hardy person that can eke a living from that difficult and hostile country. So what did they want? Could it be they heard that someone was producing gold there? Maybe even mass producing it? Who can say with certainty? The same sources mentioned, said that the Adepts who were there moved to France well in advance of the Russians. Again, anyone in this field will tell you that, yes indeed, France is a hot bed of alchemical activity. More groups being formed, more books being written, etc. Lets consider some specifics in various countries including France. Australia is very "hot" when it comes to alchemy. As an example, Dr. Manfred Junius has formed AUSTRALHERBA to formulate various spagyric products. He combines the essences of herbs (all three essentials) with honey and other natural substances. These products will nourish the body like no other substances can. His herbal wines are the spirits of plants extracted purified and combined with other essences to create an invigorating and stimulating beverage. These qualities are imbued by the herbs used.

Would you believe: "A healthy wine"? These products are now being distributed in the United States. Dr. Junius, a friend, has written excellent books on alchemy, gives concerts playing the Sitar and he also teaches alchemy and otherwise shares that which he has been given through lectures and seminars. Dr. Junius will be in Dallas the last week of July 1990 to teach a one week course in Alchemy.

Jurgen Klein, together with his wife Ulrike, have formed 'Jurlique Ageless Skin Care Products'. He was a student of Rudolph Steiner and taught at the Waldorf School. Dr. Steiner was a brilliant man and his pioneering work with herbs and plants are carried on today by the Waleka Co. who offer various health and cosmetic preparations.

Dr. Conway of New Zealand, who was a student of Frater Albertus, (as was Dr. Junius) founded a firm to compound creams and emollients from natural ingredients using spagyric techniques. That is,

alchemical processes.

On Connaught Circus, in New Delhi, we find the "Ayurvedic Pharmacy" where alchemical products are sold over the counter and are compounded to prescription. Out in the front of the pharmacy, we find workers with huge iron mortars and pestles.

With it they grind metals laboriously by hand for months. Day after day they grind a particular metal or gem into a powder so fine it is almost a liquid. These are then treated and mixed with other ingredients to make medicines. Diamond powder will yield a medicine for the brain, and gold bashma (oxide) is salutary for the heart. And many Indian preparations contain shilajeet which is obtained from a certain type of rock from the Himalayas. This rock, under the influence of moonlight, oozes out a tar like substance. It is this tar-like material that is used to provide medicinal effects.

Alchemy is especially flourishing today in France. Jean Debus leads a group called "Les Philosophes de la Nature". The organization boasts a membership of over 1500 people, all practicing alchemy. I mentioned this organization to friends in Colorado and it was decided to organize an American branch. The lessons from France are translated into English and offered to English-speaking alchemical students as a correspondence course.

The lessons span a number of year and include Qabala as well as Spiritual and Practical Alchemy. These lessons are being offered today. And Karin Kabbalah in Jasper Georgia, offers a very complete set of lessons dealing with the Qabala.

In the fall of 1986 I spent a week with an alchemical society called Filiation SOLAZAREFF. They held a 'pilgrimage' in the woods of southern France. The proved alchemy can be done "in the wild" without the trappings of modern equipment and "store bought chemicals". Solazareff is a powerful and charismatic man who is well versed in alchemy. He and his followers consider themselves to be the 'guardians of alchemy' and in particular in the service of "La Dame" (the Virgin).

In Germany, Barbara Theiss formulates herbal medicines and markets them. And in Germany, long a bastion of alchemy, numerous Hermetic groups flourish.

In Belgium Dr. I. Beck spearheads alchemical studies in Antwerp and in Bruxelles Marcel Jirousek is researching the properties of magnesium as a cure for AIDS.

In Switzerland, a group that studied under Augusto Pancaldi are busy translating his writings from Italian to German. (While my group, R.A.M.S. is busy translating German into English!) Augusto was a gentle and knowledgeable alchemist.

It was he who arranged for Frater Albertus and Eugene Canseliet (the latter served under the master Fulcanelli, who legend reputes to be hundreds of years old!) to meet and exchange views. It is regrettable that all three of these giants of alchemy have passed through transition. However, Urs G. and Alois W. keep the work of Pancaldi ongoing.

Siegfried H. in Canada reports that there is a Swiss PRS group that follows the precepts laid down by Frater Albertus even to the extent that they make spagyric preparations. Also in Canada, Ralph F. has started an alchemical study group.

In Spain Julian P. and in Portugal Jose A., typify alchemists who, with members of their groups, search the writings of the ancient alchemists to extract clues to be more successful in their alchemical endeavors.

Germany, Switzerland and England have organizations publishing alchemical journals. Arthur Fehres, in Australia, relates he is working on a new technique to obtain oil of iron. He teaches alchemy in two-week seminars. It will be recalled that oil of iron is helpful in

problems concerning the head. It has proved most effective in severe headaches and might prove effective in amnesia and other such "head related" problems. Better than anything you can get in the drugstore we might add!



Paul Baynes in England is making spagyric extractions of the herb Fo Ti Tieng. The Chinese refer to this herb as one containing "the Elixir of Life" and use it to promote longevity.

Finally, my friend, Pierre Munier has developed a method to solidify quicksilver and he shapes it into religious and magical shapes. He learned his alchemy from teachers in India. He also makes and sells purified oils of metals.

In America, alchemy is also alive and well. Willis W. is following the general lines of study as Paul Baynes but compounds his products from cactus, aloe vera and creosote. He is quite involved in bio-agro products, perhaps not so alchemical but of great importance to preserve this planet nonetheless.

Robbie Eure and Art F. have combined talents to produce a remarkable salve combining aloe vera and gold. This salve I have used (and help distribute) is amazing in the relief of pain from a variety of causes.

Betty McK, in San Diego, discovered that by heating ethyl alcohol in a small flask, the alcohol will gradually turn color and finally congeal and become a dark brown mass just like chocolate syrup. Moreover, in time, the mass will start to pulse or beat....like a heart! If I had not seen this phenomena myself, I would not have believed it. What it is we do not yet know. All we know is that the combined action of a sandbath, morning light from an Eastern window and a green light shining on it makes it behave in a peculiar fashion!

Greg Collins relates that due to a history of family colonic cancer, he had a check up. To his great dismay, polyps were discovered in his colon by his physician. He decided to try some alchemical preparations and took a colloidal extract combining gold, silver and copper. In addition, he took three drops of gold tincture once a week. Five weeks later, his physician, after exploratory examination, announced "The polyps went away". A check-up in May this year re-confirmed the efficacy of the gold tincture.

Mary Lynne of Ohio read a passage in Biblical Exodus that gave her a clue to making perfumes. It gave her insight on how to extract, from a handful of dried flower petals, copious quantities of essential oils. From this oil

she made delicate and exquisite perfumes. Her pupil Pete B. still produces perfumes from the generated oils.

George F. is overseeing the printing of a book by Mary Lynne describing her techniques. George, a beautiful man and friend conducts private research into alchemy and has been a fifty year member of an esoteric RC order, AMORC.

Dan T. used his knowledge of alchemy to make herbal flavorings. These are used to create delicious beverages often found for sale in health food stores. Dr. Jack Hinze and his son Shane have an organization (Apotheca Naturale) that produces a variety of spagyric tinctures. Dr. Dan Clark, of Melbourne Florida has formed Bioactive Nutrients and offers spagyric and homeopathic tinctures and remedies.

Harold Wilson has developed an incredible biodegradable solvent that will radically dissolve gold! The marvel of his invention is that it contains no corrosives (!), no toxics (!! ) and one of the main constituents is water!!! This could be a great boon for anyone in the gold-mining business. Ore containing a variety of elements are introduced into this fluid and it radically dissolves ONLY the gold. A second fluid precipitates the gold back out and recovery is at the 99.6% level.

Bill van D. has developed nutrients that will feed gold and make it multiply. Peter M. grows gold crystals. Other people are engaged in making exotic palliatives and cures, doing private research, and so on.

Surely this business with gold sounds, well, far fetched. But that is probably due to a lack of exposure to and awareness of, these recondite disciplines. Yet we read that Dr. Paul Cottle, of the University of Florida, utilizing a linear accelerator, hurls lithium ions at gold and converts it to lead. Shades of wrong-way Corrigan!

Dr. Cottle, of course, was trying to prove something about the functioning of atomic nuclei. He also gave weight to the idea that transmutation is entirely possible.

But Bainbridge, Sherr and Starr proved that in the 1940s as have recent experimenters in Australia (alchemists) who have transmuted quicksilver into silver and have created artificial gems indistinguishable from the 'real thing'.

And as exemplified by Larry Principe's research, the governments of various countries have shown to be QUITE interested in alchemy. A paper studying the possibility of producing work from the heat given off by transmutations conceded that the work of Kushi, Kervran and others were correct. That is, transmutations DO take place. This paper was written by the U.S. Army!

Beyond this, there is actually a tremendous amount of alchemical activities taking place. As previously indicated, hundreds of researchers are in the laboratories trying to wrest the secrets of healing and of life itself, from Nature. Many closely follow the teachings of the ancient alchemists, reading texts written long ago. They try to decipher the archaic and code-like words often written in foreign languages.

To aid them, my group, R.A.M.S. is involved in translating old alchemical texts and transmuting these ancient manuscripts from dusty items taking up space, into a form readable and thus useable. It is hoped that some researcher will discover a new approach or even a key to unlock secrets heretofore hidden away. To some extent, this has already been the case.

These are usually not large organized groups but clusters of individuals now turned on to the possibilities promised by alchemy. And, to some extent folk concerned about the environment and pollution seeking better ways.

Russell Schilling in Atlanta, Ron DiSalvo in Marina del Rey, Dhyana M. in Marietta, Robert M. in Marshfield WI, Anthony House and Laura J. both in Seattle, Mack Ross in Australia and a veritable legion of individuals are tuned into the same philosophy and trying to use alchemy to help their brothers and sisters.

We would be remiss not to mention other literary efforts in the Hermetic field. These include Publications such as "The Hermetic Journal" published in England by the tireless Adam McLean; the eclectic magazine GNOSIS; Dr. Hoffman's "Four Worlds Journal", the French journals "Tempete Chymique" and "La Tablet Emeraude"; a newsletter emanating from Israel "Kabbalah"; the Swiss alchemical German language Journal "Essentia"; the venerable "AMBIX" from England; from the U.S. we find "Cauda Pavona" and "Hermetica" both published in academic environments and, of course, the venerable FATE. Mr. Ritman in Amsterdam has opened to the public an incredible library of alchemical documents. This is the "Bibliotheca Philosophica Hermetica". Tom Brown's "Borderland Sciences" group often have articles on Hermetic subjects. The American branch of the Les Philosophes de la Nature will soon produce a newsletter to add to a growing number of alchemical journals. They are based in Boulder CO.

We can see then, that there is quite a bit going on, with or without our knowledge. There are many more groups and individuals than imagined working quietly, even secretly, doing research, conducting experiments, testing and finally, it is hoped, coming up with those products that are most potent in healing. Perhaps, some of these researchers will be instrumental in bridging the wide gap between the alchemist and the scientist.

It might be asked, and who are these people? Since I travel all over the U.S. and beyond, giving lectures, classes and seminars, I can answer that question with accuracy.

The answer is: the neighbor down the street, your Sunday school teacher, the milkman and a host of others that one would not suspect as being involved in arcane studies. They are without doubt out there. And they aren't mysterious or sinister folk either. They are sincere, probably very spiritual, people dedicated to the common good.

One day, like Sir Robert Boyle and Isaac Newton, they will "come out of the closet". Hopefully, at that time, the fruits of their discoveries in alchemy, unlike Boyle and Newton, will be recognized and utilized to heal mankind of all his illnesses, both spiritual and physical. As the good Lord told us in Genesis, all these things, plants, herbs, minerals, etc. are here for our use and benefit, to nourish and sustain and heal us. Thus it was He who instituted this Holy Art and Science.

He left for US the challenge and joy of discovering the deepest secrets of matter. Truly, as Frater Albertus was wont to say: "God IS good".

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